

### SOUPS

SEASONAL SOUP OF THE DAY | €7.00

Served with Salted  
Irish Butter & Soda Bread  
(Contains 1-Wheat, 7, 9, 12)

HEARTY SEAFOOD CHOWDER | €11.95

East Cork Market Fish, Garden Vegetables, Light  
Cream Sauce, Fresh Dill  
(Contains 1-Wheat, 7, 9, 12)

### MAINS

All our toasties are served with fries, with the option to swap for a cup of soup.

FORK & WHEEL CHICKEN CAESAR SALAD | €16.95

Pancetta, Garlic & Herb Croutons, Parmesan,  
with Caesar Dressing  
(Contains 1-Wheat, 3, 7, 12)

OLD SCHOOL TOASTIE | €13.95

Smoked Cheddar, Local Baked Ham, Beef Tomato, Red Onion, on  
Rustic Sourdough. Served with Fries  
(Contains: 1-Wheat, 7, 12)

ROAST OF THE DAY SANDWICH | €13.95

Roast of the Day, Onion & Sage Stuffing, and Salted Butter on Ciabatta  
Bread, Served with Fries  
(Contains: 1-Wheat, Oats, Barley)

CAJUN CHICKEN MELT | €13.95

Roasted Chicken Breast, Aged Cheddar and Baby Gem Lettuce on  
Ciabatta Bread. Served with Fries  
(Contains: 1-Wheat, 3, 4, 7)

TRADITIONAL BEER BATTERED FISH & CHIPS | €20.50

East Cork Ale Batter, Hand Cut Chips, Crushed Garden Peas,  
Homemade Tartar Sauce, Fresh Lemon  
(Contains: 1-Wheat, 4, 7)

### SIDES

Rustic Fries | €5.00

Sweet Potato Fries | €5.00

House Side Salad with Mustard Vinaigrette | €4.00

**MOST DISHES CAN BE ADAPTED TO SUIT ALLERGEN NEEDS, PLEASE ASK YOUR SERVER.**

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.

**Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.**

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs