

### STARTERS

#### SEASONAL SOUP OF THE DAY | €7.00

Served With Salted

Irish Butter & Soda Bread

(Contains 1-Wheat, 7-Milk, 9-Celery 12-Sulphites)

#### ATLANTIC PRAWN PIL PIL | €12.00

Toasted Sourdough Bread ,House Chili &  
Garlic Oil

(Contains 1-Wheat, 4-Fish, 7-Milk, 12-Sulphites)

#### BAKED TIPPERARY BRIE, THYME & LEMON | €13.00

Homemade Cumberland Sauce & Charred  
Sourdough Bread

(Contains 1-Wheat, 7-Milk, 12-Sulphites)

#### ROSSCARBERY BELLY OF PORK | €12.50

Black Pudding, Granny Smith Apple Puree,  
Salted Popcorn, Candied Apple

(Contains 1-Wheat, 7-Milk, 9-Celery, 12-Sulphites)

#### FORK & WHEEL CHICKEN WINGS | €12.00

Bbq Sauce Or Frank'S Hot Sauce, Blue  
Cheese Dip, Celery & Carrot Sticks

(Contains 1 - Wheat, 3-Eggs, 7-Milk, 10-Mustard,  
11-Sesame, 12-Sulphites)

#### GOLDEN BROWN LEEK & SPINACH ARANCINI | €11.00

Hot Arrabbiata Sauce, Irish Parsnips, Carrot  
Crisps, Organic Herb Oil

(Contains 1-Wheat, 12-Sulphites)

### SALADS

#### GOAT'S CHEESE AND BEETROOT SALAD €15.00

Spiced Couscous, Garden Greens, Roasted  
Chickpeas, Granola, Confit Cherry Tomatoes,  
Beetroot Glaze, Honey Mustard Dressing

(Contains 1-Wheat, 7, 12)

#### FORK & WHEEL CHICKEN CAESAR SALAD €16.95

Pancetta, Garlic & Herb Croutons, Parmesan,  
with Caesar Dressing

(Contains 1-Wheat, 3, 7, 12)

### SIDES

#### FRENCH FRIES WITH TRUFFLE MAYO & PARMESAN (Contains 3, 7, 12)

€7.00

#### HOUSE SIDE SALAD WITH MUSTARD VINAIGRETTE (Contains 10,12)

€4.00

#### SWEET POTATO FRIES (Contains 12)

€5.00

#### BUTTERED MARKET VEGETABLES

€5.00

#### TENDER STEM BROCCOLI WITH CHILLI & GARLIC OIL (Contains 12)

€5.00

#### RUSTIC FRIES (Contains 12)

€5.00

#### RICH BUTTERY MASHED POTATO (Contains 7)

€4.00

#### GRILLED SPICY HALLOUMI & WILD ROCKET (Contains 7,12)

€6.00

**MOST DISHES CAN BE ADAPTED TO SUIT ALLERGEN NEEDS, PLEASE ASK YOUR SERVER.**

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.

**Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.**



## MAINS



### PAN FRIED ATLANTIC SALMON | €23.50

Smoked Pancetta & Vegetable Potato  
Cake Chilies Tender Steam Red Pepper  
Coulis, Herd Oil, Toasted Almond Flakes

(Contains 1-Wheat, 3-Egg,  
4-Fish, 7-Dairy, 12-Sulphites)

### FEATHERBLADE OF BEEF | €26.50

Squash Puree, Chared Hispi  
Cabbage, Perfect Mash, Yorkshire  
Thyme And Red Wine Jus

(Contains 1-Wheat, 7-Milk, 9-Celery,  
12-Sulphites)

### FORK & WHEEL HOUSE CHICKEN CURRY | €20.00

Chef'S Special Curry  
(Ask Server For Details).  
(Contains 1-Wheat, 12-Sulphites)

### FORK & WHEEL IRISH BEEF BRISKET BURGER | €19.00

Cheddar Cheese, Chipotle Mayo, Baby  
Gem Lettuce, Beef Tomatoes, Crispy  
Onions Brioche Bun & Homemade Slaw  
Served With Skin On Fries

(Contains 1-Wheat, 3-Eggs, 7-Milk, 10-Mustard,  
12-Sulphites)

### HOMEMADE CHICKEN KIEV | €23.00

Salted Garlic Butter, Squash Puree,  
Buttered Mash, Poached Green Beans,  
Wild Garlic Oil

(Contains 1-Wheat, 3-Eggs, 7-Milk, 12-Sulphites)

### TRADITIONAL BEER-BATTERED HADDOCK AND CHIPS | €21.00

Crushed Garden Peas, Homemade  
Tartar Sauce & Rustic Fries

(Contains 1-Wheat, 4-Fish, 7-Milk, 12-Sulphites)



### MURPHYS LOCAL DRY-AGED 10 OZ SIRLOIN STEAK | €34.00

Sauted Onions And Mushrooms, Wild Rocket, Onion Pickles  
Jameson Peppercorn Sauce Or Homemade Garlic Butter, Served  
With Skin On Fries

(Contains 1-Wheat, 3-Eggs, 7-Milk, 12-Sulphites)



A Dedicated Vegan & Vegetarian  
Menu is Available.

(please ask your server)

'Proudly East Cork, proudly local. Follow us @forkandwheel and book at [forkandwheel.ie](http://forkandwheel.ie)



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