CAFÉ · PUB · RESTAURANT · CAFÉ · PUB · RESTAURANT

F &W

THE Fork & Wheel

Festive Group Lunch Menu

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STARTERS

HEARTY SEAFOOD CHOWDER

East Cork market fish, garden vegetables, light cream sauce & fresh dill.
Served with treacle soda bread & Irish butter

(Contains 1-Wheat, 4-Fish, 7-Milk, 9-Celery, 12-Sulphites)

TRUFFLE, LEEK & SPINACH ARANCINI

Hot arrabbiata sauce, Irish parsnips, carrot crisps & organic herb oil

(Contains 1-Wheat, 12-Sulphites)

FORK & WHEEL CHICKEN WINGS

Choice of BBQ or Frank's Hot Sauce. Served with blue cheese dip, celery & carrot sticks

(Contains 1-Wheat, 3-Eggs, 7-Milk, 10-Mustard, 11-Sesame, 12-Sulphites)

MAINS

BALLYCOTTON BAKED FILLET OF HAKE

New season roasted baby potatoes, tenderstem broccoli, white wine cream sauce & lemon wedge

(Contains 4-Fish, 7-Milk, 12-Sulphites)

ROAST OF THE DAY

Ask your server for today's locally sourced roast, served with all the trimmings

(Contains 1-Wheat, 7-Milk, 9-Celery, 12-Sulphites)(Contains 4,7)

ITALIAN STYLE LASAGNA

Slow-cooked Irish beef ragù, toasted garlic bread, basil oil drizzle & garden salad

(Contains 1-Wheat, 7-Milk, 9-Celery, 12-Sulphites)

DESSERT

TRADITIONAL CHRISTMAS PUDDING

With vanilla custard and fresh whipped cream

(Contains 1-Wheat,3,7,8,-pistachio,12)

CHRISTMAS SMASH & MESS

Soft meringues & vanilla cream with winter berry compote, fresh strawberries & raspberries

(Contains 3-Eggs, 7-Milk)

CRANBERRY & WHITE CHOCOLATE BREAD & BUTTER PUDDING

With homemade custard & honeycomb ice cream

(Contains 1-Wheat, 3-Eggs, 6-Soya, 7-Milk, 12-Sulphites)

Tea/Coffee & Mince Pies

Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs