



À la Carte Menu

THE Fork & Wheel

STARTERS

SEASONAL SOUP OF THE DAY | €7.20
Served with salted Irish butter and treacle brown soda bread
(Contains 1-wheat, 7, 9)

HEARTY SEAFOOD CHOWDER | €10.95
East Cork market fish, garden vegetables, light cream sauce, fresh dill. Served with treacle soda bread and Irish butter.
(Contains 1-wheat, 4, 7, 9, 12)

THYME AND APRICOT BAKED TIPPERARY BRIE CHEESE | €12.50
Charred sourdough bread, homemade Cumberland sauce
(Contains 1-wheat, 7,12)

BALLYCOTTON & JAMESON SALMON GRAVLAX | €12.50
Irish baby beetroot, potato & apple salad, shaved fennel, lime & tarragon mayo (Contains 4, 7, 12)

MURPHY'S SPICED BEEF CROQUETTE | €13.50
Celeriac purée, crumbed McCarthy's black pudding, vegetable crisps, horseradish aioli
(Contains 1-wheat, 3, 7, 10, 12)

PAN-SEARED BALLYCOTTON SCALLOPS | €15.50
Smoked sweet potato purée, candy apples, parma crunch, McCarthy's black pudding (Contains 4, 7, 12)

ATLANTIC PRAWN PIL PIL | €13.00
Toasted sourdough bread, house chilli and garlic oil
(Contains 4, 7, 12)

ROSSCARBERY BELLY OF PORK | €13.50
McCarthy's black pudding, homemade Granny Smith apple purée, candy apple (Contains 1-wheat, 7, 9, 12)

FORK & WHEEL CHICKEN WINGS | €12.00
Served with blue cheese dip, celery and carrot sticks with a choice of BBQ or Frank's hot sauce
(Contains 1-wheat, 3, 7, 10, 11, 12)

GOLDEN BROWN WILD MUSHROOM ARANCINI | €10.50
Hot arrabbiata sauce, Irish parsnips and carrot crisps, organic herb oil (Contains 1-wheat, 12)

SALADS

FORK & WHEEL CAESAR SALAD | €14.00
Rosscarbery pancetta, garlic and herb croutons, house Caesar dressing, shaved parmesan **Add Murphy's Chicken €3.50**
(Contains 1-wheat, 3, 7, 12)

ARDSALLAGH GOAT'S CHEESE AND BEETROOT SALAD | €14.95
Spiced couscous, garden leaves, roasted chickpeas, house granola, confit cherry tomato with beetroot glaze, honey and mustard sauce
(Contains 1-wheat, 7, 12)

BURRATA & ROASTED FIG SALAD | €14.00
Mixed leaves, toasted walnuts, cherry tomato, fresh basil, aubergine & roasted garlic dressing
(Contains 3, 7, 8-walnuts)

SIDES

FRENCH FRIES WITH TRUFFLE MAYO & PARMESAN (Contains 3, 7, 12) €5.00
SWEET POTATO FRIES (Contains 12) €5.00
TENDER STEM BROCCOLI WITH CHILLI & GARLIC OIL (Contains 12) €5.00
RICH BUTTERY MASHED POTATO (Contains 7) €4.00

HOUSE SIDE SALAD WITH MUSTARD VINAIGRETTE (Contains 10,12) €4.00
BUTTERED MARKET VEGETABLES (Contains 7,12) €5.00
RUSTIC FRENCH FRIES GRILLED SPICY HALLOUMI & (Contains 12) €4.00
WILD ROCKET (Contains 7,12) €5.00



MAINS



SKEAGHANORE DUCK BREAST | €32.00
Fondant potato, black cherry purée, chilli greens, blood orange crisp
(Contains 7, 12)

PAN FRIED ATLANTIC SEA BASS | €26.95
Root vegetables, potato gratin, roasted red pepper coulis, herb oil, toasted almond flakes
(Contains 4, 7, 8-almonds, 12)

MURPHY'S BEEF CHEEKS | €24.50
Squash purée, Irish braised red cabbage, perfect mash, thyme & red wine jus
(Contains 7, 9, 12)

MCCARTHY'S CHICKEN KIEV | €23.50
Salted garlic butter, carrot purée, buttered mash, poached green beans, wild garlic oil
(Contains 1-wheat, 3, 7, 12)

MURPHY'S MIDLETON DRY-AGED 100Z LOCAL SIRLOIN | €36.00
Thyme and garlic flat cap mushroom, battered onion ring, Jameson peppercorn sauce or homemade garlic butter, served with house fries
(Contains 1-wheat, 3, 7, 12)

FORK & WHEEL HOUSE CURRY | €17.00
Please ask your server for more information about our Fork & Wheel Curry House Curry
Can be vegan friendly – please ask
Add Murphy's Chicken €3.50
(Contains 1-wheat, 12)

FORK & WHEEL DOUBLE SMASH BURGER | €20.00
Hegarty's smoked cheddar, Jameson ketchup, baby gem lettuce, gherkins, fried onions, brioche bun, homemade slaw served with house fries
(Contains 1-wheat, 3, 7, 10, 12)

CRISPY FRIED SPICY CHICKEN BURGER | €19.50
Frank's hot sauce, sage ranch, baby gem lettuce, onion crisps, toasted brioche bun with fries
(Contains 1-wheat, 3, 7, 10, 12)

TRADITIONAL BEER-BATTERED HAKE AND CHIPS | €21.00
Crushed garden peas and homemade tartar sauce served with house fries and lemon
(Contains 1-wheat, 4, 7)

SHARING PLATTER FOR 2



SPATCHCOCK CHICKEN SHARING PLATTER | €46.00
A full spatchcock chicken with all the trimmings: roast potatoes, root vegetables, tenderstem broccoli, truffle-loaded fries, and a selection of chef's sauces
(Contains 1-wheat, 3, 7)



We are deeply connected to the local community and we love to stay connected with you.
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WWW.FORKANDWHEEL.IE



MOST DISHES CAN BE ADAPTED TO SUIT ALLERGEN NEEDS, PLEASE ASK YOUR SERVER.

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin. **Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.**

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs

