



STARTERS

SEASONAL SOUP OF THE DAY | €7.20
Served with salted Irish butter and treacle brown soda bread
(Contains 1-wheat,7,9)

APRICOT & THYME BAKED TIPPERARY BRIE | €12.50
Charred sourdough bread, homemade Cumberland sauce
(Contains 1-wheat,7)

CHICKEN LIVER PARFAIT | €11.50
Slow cooked red onion marmalade, sweet pickles, mixed leaves, toasted walnuts, sourdough toast
(Contains 1-wheat, 7, 8-walnuts, 12)

MURPHY'S SPICED BEEF CROQUETTE | €13.50
Celeriac purée, crumbed McCarthy's black pudding, vegetable crisps, horseradish aioli
(Contains 1-wheat, 3, 7, 10, 12)

PAN-SEARED BALLYCOTTON SCALLOPS | €15.50
Smoked sweet potato purée, candy apples, parma crunch, McCarthy's black pudding
(Contains 1-wheat, 4, 7, 12)

ATLANTIC PRAWN PIL PIL | €13.00
Toasted sourdough bread, house chilli and garlic oil
(Contains 4,7,12)

ROSSCARBERY PORK BELLY | €13.50
McCarthy's black pudding, homemade Granny Smith apple purée, candy apple
(Contains 1-wheat, 7, 9, 12)

FORK & WHEEL CHICKEN WINGS | €12.00
Served with blue cheese dip, celery and carrot sticks with a choice of BBQ or Frank's hot sauce
(Contains 1-wheat, 3, 7, 10, 11, 12)

GOLDEN BROWN WILD MUSHROOM ARANCINI | €10.50
Hot arrabbiata sauce, Irish parsnips and carrot crisps, organic herb oil
(Contains 1-wheat, 12)

SALADS

FORK & WHEEL CAESAR SALAD | €13.50
Rosscarbery pancetta, garlic and herb croutons, house Caesar dressing, shaved parmesan
Add Murphy's Chicken €4.00
(Contains 1-wheat, 3, 7, 12)

ARDSALLAGH GOAT'S CHEESE AND BEETROOT SALAD | €14.00
Spiced couscous, garden leaves, roasted chickpeas, house granola, confit cherry tomato with beetroot glaze, honey and mustard sauce
(Contains 1-wheat, 7, 10, 12)

SIDES

FRENCH FRIES WITH TRUFFLE MAYO & PARMESAN (Contains 3, 7, 12) €5.00
SWEET POTATO FRIES (Contains 12) €5.00
TENDER STEM BROCCOLI WITH CHILLI & GARLIC OIL (Contains 12) €5.00
RICH BUTTERY MASHED POTATO (Contains 7) €4.00

HOUSE SIDE SALAD WITH MUSTARD VINAIGRETTE (Contains 10,12) €4.00
BUTTERED MARKET VEGETABLES (Contains 7,12) €5.00
RUSTIC FRENCH FRIES (Contains 12) €4.00
GRILLED SPICY HALLOUMI & WILD ROCKET (Contains 7,12) €5.00



MAINS



SKEAGHANORE DUCK BREAST | €32.00
Fondant potato, black cherry purée, chilli greens, blood orange crisp
(Contains 7, 12)

PAN FRIED ATLANTIC SEA BASS | €26.50
Root vegetables, pomme purée, roasted red pepper coulis, herb oil, toasted almond flakes
(Contains 4, 7, 8-almonds, 12)

MURPHY'S BEEF CHEEKS | €23.50
Squash purée, Irish braised red cabbage, perfect mash, thyme & red wine jus
(Contains 7, 9, 12)

MCCARTHY'S THYME AND GARLIC CHICKEN SUPREME | €22.50
Rosscarbery black pudding croquette, poached garden green beans, rosemary cream sauce
(Contains 1-wheat, 3, 7, 12)

MURPHY'S MIDLETON DRY-AGED 100Z LOCAL SIRLOIN | €36.00
Flat cap mushroom, leek and spinach ragout, Jameson peppercorn sauce or homemade garlic butter, served with house fries
(Contains 1-wheat, 3, 7, 12)

FORK & WHEEL CURRY – INDONESIAN STYLE | €17.00
Mint yoghurt, crispy poppadom, bean sprouts, shredded carrots, chilli & fresh coriander, infused saffron rice
Can be vegan friendly – please ask
Add Murphy's Chicken €4.00
(Contains 1-wheat, 7, 10,12)

FORK & WHEEL DOUBLE SMASH BURGER | €20.00
Hegarty's smoked cheddar, Jameson ketchup, baby gem lettuce, gherkins, fried onions, homemade slaw, served in a toasted brioche bun with fries
(Contains 1-wheat, 3, 7, 10, 12)

CRISPY FRIED SPICY CHICKEN BURGER | €19.50
Frank's hot sauce, sage ranch, baby gem lettuce, onion crisps, toasted brioche bun with fries
(Contains 1-wheat, 3, 7, 10, 12)

TRADITIONAL BEER-BATTERED HAKE AND CHIPS | €21.00
Crushed garden peas and homemade tartar sauce served with fries and lemon
(Contains 1-wheat, 4, 7)

SHARING PLATTER FOR 2



SPATCHCOCK CHICKEN SHARING PLATTER | €46.00
A full spatchcock chicken with all the trimmings: roast potatoes, root vegetables, tenderstem broccoli, truffle-loaded fries, and a selection chef's sauces
(Contains 1-wheat, 3, 7)



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MOST DISHES CAN BE ADOPTED TO SUIT ALLERGEN NEEDS, PLEASE ASK YOUR SERVER.

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.

Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs