

€45.00

### STARTERS

#### **MURPHY'S MIDLETON SPICED BEEF CROOUETTE**

Celeriac purée, crumbed McCarthy's black pudding, vegetable crisps, horseradish aioli

(Contains 1-wheat, 3, 7, 10, 12)

#### ROSSCARBERY BELLY OF PORK

McCarthy's black pudding, homemade Granny Smith apple purée, candy apple (Contains 1-wheat, 7, 9, 12)

#### GOLDEN BROWN WILD MUSHROOM ARANCINI

Hot arrabbiata sauce, Irish parsnips and carrot crisps, organic herb oil (Contains 1-wheat, 12)

#### CHICKEN LIVER PARFAIT

Slow cooked red onion marmalade, sweet pickles, mixed leaves, toasted walnuts, sourdough toast

(Contains 1-wheat, 7, 8-walnuts, 12)

#### SEASONAL SOUP OF THE DAY

Served with salted Irish butter and treacle brown soda bread

(Contains 1-wheat.7.9)

# **BFork** & Wheel

#### MAINS

#### PAN FRIED ATLANTIC SEA BASS

Root vegetables, pomme purée, roasted red pepper coulis, herb oil, toasted almond flakes

(Contains 4, 7, 8-almonds, 12)

## MCCARTHY'S THYME AND GARLIC CHICKEN

Rosscarbery black pudding croquette, poached garden green beans, rosemary cream sauce

(Contains 1-wheat, 3, 7, 12)

#### FORK & WHEEL CURRY -INDONESIAN STYLE

Mint yoghurt, crispy poppadom, bean sprouts, shredded carrots, chilli & fresh coriander, infused saffron rice

> Can be vegan friendly – please ask Add Murphy's Chicken €4.00

> > (Contains 1-wheat, 7, 10,12)

#### **MURPHY'S BEEF CHEEKS**

Squash purée, Irish braised red cabbage, perfect mash, thyme & red wine jus

(Contains 7, 9, 12)

#### MURPHY'S MIDLETON DRY-AGED 100Z LOCAL SIRLOIN €5 Supplement

Flat cap mushroom, leek and spinach ragout, Jameson peppercorn sauce or homemade garlic butter, served with house fries

(Contains 1-wheat, 3, 7, 12)



### DESSERT

#### RASPBERRY & CHEESECAKE OF THE DAY FRANGIPANE TART

Mixed berry sorbet, Forest Fruit

Gluten Free, Vegan

(Contains 12)

#### APPLE & CREAM SPONGE WITH FIVE SPICES

Caramel sauce, honeycomb ice-cream, sweet Irish parsnip crisps

(Contains 1-wheat, 3, 6, 7, 12)

Freshly made cheesecake of the day. Please ask your server for details

(Contains 1-wheat, 3, 7, 12)

### TRIPLE CHOCOLATE

**SPONGE** 

Chocolate ice-cream, Oreo crumbs

(Contains 1-wheat, 3, 6, 7, 12)





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WW.FORKANDWHEEL.IE

#### SELECTION OF GLENOWN ICE CREAM

Chocolate sauce, Oreo crushed biscuit

(Contains 1-wheat, 3, 7, 5, 8-peanuts)

MOST DISHES CAN BE ADOPTED TO SUIT ALLERGEN NEEDS, PLEASE ASK YOUR SERVER. All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin

Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements. 1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs

