

# Winter À la Carte Menu

## STARTERS

### Soup of the Day | €7.20

Seasonal harvest soup with treacle brown soda bread  
(Contains 1-wheat,7,9)

### Cranberry & Thyme Baked Camembert | €12.50

Cooleeney farmhouse cheese infused with organic thyme, natural honey, charred sourdough bread, homemade Cumberland sauce (Contains 1-wheat,7)

### Organic Duck Liver Parfait | €11.50

Slow cooked red onion marmalade, green beans, mixed leaves, toasted walnuts, sourdough fingers  
(Contains 1-wheat,7,12,8-walnuts)

### Local Smoked Salmon & Baby Macroom Mozzarella | €12.50

Ballycotton smoked salmon, petit winter fennel, pink peppercorn, lemon, dill, extra virgin of olive  
(Contains 4,7,12)

### Murphy's Midleton Spiced Beef Croquette | €13.50

Celeriac purée, crumbed McCarthy's black pudding, vegetable crisps, horseradish aioli  
(Contains 1-wheat, 3, 7, 10)

### Pan-Seared Ballycotton Scallops | €15.50

Smoked sweet potato purée, candy apples, parma crunch, Jack McCarthy's black pudding  
(Contains 4,7,12)

### Fork & Wheel Chicken Wings | €12.00

Served with blue cheese dip, celery and carrot sticks with a choice of BBQ, Franks or hot sauce  
(Contains 1-Wheat,3,7,9,10,11,12)

### Golden Brown Sun Dried Tomato Arancini | €9.50

Romesco sauce, Irish parsnips and carrot crisps, organic herb oil  
(Contains 1-wheat,12)

## SALADS

### Fork & Wheel Caesar Salad | €13.50

Rosscarbery pancetta, garlic and herb croutons, house Caesar dressing, shaved parmesan  
**Add Murphy's Chicken €3.00**  
(Contains 1-wheat,3,7)

### Ardsallagh Goat Cheese & Beetroot Salad | €13.00

Spiced couscous, garden leaves, roasted chickpeas, house granola, confit cherry tomato with beetroot glaze, honey and mustard sauce (Contains 7, 10, 12)

**MOST DISHES CAN BE ADOPTED TO SUIT ALLERGEN NEEDS, PLEASE ASK YOUR SERVER.**

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.

**Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you. We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.**

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs

## MAINS

### Thyme and Lemon Baked Fillet of Ballycotton Salmon | €24.50

Root vegetables, romanesco, pomme purée, roasted red pepper coulis (Contains 1-wheat,4,7,12)

### Murphy's Beef Cheeks | €21.50

Pumpkin purée, Irish-braised red cabbage and garden kale, perfect mash, thyme and red wine jus (Contains 1-wheat,7,9,12)

### Grilled and Roast Thyme & Garlic Chicken Supreme | €23.50

Jack McCarthy's black pudding croquette, poached garden green beans, rosemary cream sauce (Contains 1-wheat,3,7)

### Murphy's Dry-Aged 10oz Local Sirloin | €36.00

Flat cap mushroom, burnt shallot, Jameson peppercorn sauce or homemade garlic butter, served with house fries (Contains 1-wheat,3,7)

### Roast Crown of Turkey & Honey Baked Ham | €22.00

Sage and chestnut stuffing, cream potato, seasonal vegetable, potato fondant, cranberry and thyme jus (Contains 1-wheat,7,10,12)

### Fork & Wheel Curry - Indonesian Style | €17.00

Mint yoghurt, crispy poppadom, bean sprouts, shredded carrots, chilli & fresh coriander infused rice (Contains 1-wheat,7,10)

**Can be vegan friendly – please ask**  
**Add Murphy's Chicken €4.00**

### Homemade 8oz Irish Beef Burger | €19.95

Hegarty's Smoked cheddar, Jameson Whiskey ketchup, baby gem lettuce, jalapeños, brioche bun, homemade slaw, served with house fries (Contains 1-wheat,3,7,10,12)

### Traditional Beer-Battered Hake and Chips | €21.00

Crushed garden peas and homemade tartar sauce serviced with fries and lemon  
(Contains 1-wheat,4,7)

### Fork & Wheel Signature Sharing Platter | Market Price

Weekly special for 2 with all the trimmings

**Ask your server for details and pricing!**

## SIDES

<b>FRENCH FRIES WITH TRUFFLE MAYO &amp; PARMESAN</b> (Contains 3, 7, 12)	€5.00	<b>HOUSE SIDE SALAD WITH MUSTARD VINAIGRETTE</b> (Contains 10,12)	€4.00
<b>SWEET POTATO FRIES</b> (Contains 12)	€5.00	<b>BUTTERED MARKET VEGETABLES</b> (Contains 7,12)	€5.00
<b>TENDER STEM BROCCOLI WITH CHILLI &amp; GARLIC OIL</b> (Contains 12)	€5.00	<b>RUSTIC FRENCH FRIES</b> (Contains 7)	€4.00
<b>RICH BUTTERY MASHED POTATO</b> (Contains 7)	€4.00	<b>GRILLED SPICY HALLOUMI &amp; WILD ROCKET</b> (Contains 7,12)	€5.00