

LUNCH MENU

Soup of the Day €7.00

Available from our Carvery (Contains 1-Wheat,7,9,12)

Hearty Seafood Chowder €10.95

Market fish mix, selection of vegetables, light cream sauce, fresh dill, served with treacle bread and butter (Contains 1-Wheat,7,9,12)

Sourdough Old-School Toastie Special €12.95

Midleton sliced cheddar, local baked ham, beef tomato, red onion served with salad and fries (Contains 1-Wheat,7,12)

Beetroot & Chilli Hummus Rustic Baguette €12.95

Filled with roasted red peppers, squash, sautéed courgettes, wilted baby spinach, wild rocket, onion marmalade, and house-made pesto (Contains 1-Wheat,7,12)

Crispy Sweet Chilli Chicken Wrap €12.95

Shredded baby gem lettuce, chipotle sauce, Midleton cheddar cheese, served with fries and side salad (Contains 1-Wheat,12)

Beer-Battered Ballycotton Fish & Chips €19.50

Fillet of hake served with mint-crushed peas, rustic fries, and homemade tartar sauce (Contains 1-Barley,Oat,Rye,3,7,12)

SALADS

Fork & Wheel Caesar Salad €12.50

Rosscarbery pancetta, garlic and herb croutons, house Caesar dressing, shaved parmesan (Contains 1-Wheat,3,7,12)

Add Murphy's Chicken €3.00

Ardsallagh Goat Cheese & Beetroot Salad €14.50

Spiced couscous, garden leaves, roasted chickpeas, house granola, confit cherry tomato with beetroot glaze, honey and mustard sauce

(Contains 1-Wheat,7,10,12)

Most dishes can be adopted to suit allergen needs, please ask your server.

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.

Due to the nature of our kitchens & operations we are unable to guarantee no traces of nuts or any other allergens are present in the food served to you.

We kindly request to inform your server if you suffer from any food allergy or have other dietary requirements.

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs

DESSERTS

Christmas Pudding €7.90

Homemade vanilla custard, vanilla ice cream (Contains 1-Barley/Oat/Rye,3,4,7,12)

Orchard Apple Crumble Tart €7.90

Caramel sauce, hand-whipped cream, sweet Irish parsnip crisps (Contains 1-Wheat,3,7,12)

Old School Banoffee Pie €7.90

Banana chips, chocolate crisps and salted caramel ice cream (Contains 1-Wheat,7,12)

Coconut and Chocolate Tart €7.90

Mixed berry sorbet (Contains 5, 6, 8-Almonds & Hazelnuts) - Gluten Free, Vegan

Classic Eton Mess €7.90

Crushed pavlova, fresh berries compote, hand-whipped cream, house coulis, raspberry sorbet (Contains 3, 7, 12) - Gluten Free

Cheesecake of the Day €7.90

Freshly made cheesecake of the day. Please ask your server for details (Contains 1-Wheat,3,7,12)

HOT BEVERAGES

Our Coffee is brewed with Smile Coffee Beans. Choice of signature Brazilian Roast or legacy Colombian Roast

Espresso single €2.60

Espresso double €2.80

Americano €3.20

Flat White €3.30

Latte €3.40

Cappucino €3.40

Mocha €3.80

Macchiato €3.10

Chai Latte €4.00

Extra Shot €0.60

Flavoured Syrup €0.60

Oat | Almond | Coconut Milk €0.60

The Traditional Barry's €3.00

Speciality Tea €3.20