



COFFEE

*Our Coffee is brewed with Smile Coffee Beans.
Choice of signature Brazilian Roast or legacy
Colombian Roast*

Espresso single	€2.60
Espresso double	€2.80
Americano	€3.20
Flat White	€3.30
Latte	€3.40
Cappucino	€3.40
Mocha	€3.80
Macchiato	€3.10
Chai Latte	€4.00
Extra Shot	€0.60
Flavoured Syrup	€0.60
Oat Almond Coconut Milk	€0.60

TEA

The Traditional Barry's	€3.00
Irish Breakfast Tea	€3.20
Yunnan Green	€3.20
Gunpowder & Mango	€3.20
Wild Berry	€3.20
Peppermint	€3.20
Orange Blossom	€3.20
Darjeeling	€3.20
Pure Mint & Verbena	€3.20
Blood Orange	€3.20
Earl Grey	€3.20
Camomile	€3.20

BREAKFAST OPTIONS

Cakes & Scones

Assorted handcrafted cakes, tray bakes, pastries and scones
(Contains 1-Wheat/Oats/Barley,3,5,6,7,8,12)

Gourmet Breakfast Sausage Roll €6.50

Black pudding, served with Sage2Go chilli jam
(Contains 1-Wheat/Oats/Barley,3,7,12)

Breakfast Bap €8.90

McCarthy's black pudding, bacon and sausages
in a soft bap with Ballymaloe relish
(Contains 1-Wheat/Oats/Barley,7,10,12)

Classic Belgian Waffle €9.50

With fresh berries compote, maple syrup,
toasted hazelnut crumb & cream
(Contains 1-Wheat/Oats/Barley,6,8-Hazlenut,12)

Coconut Porridge €6.50

Creamy with toasted cocoa nibs, coconut shavings and maple
syrup drizzles, topped with star anise & cinnamon fruit salsa
(Contains 1-Oats, 8 Coconut, 12)

GOURMET SANDWICHES

All served warmed with Irish crisps

The Fork & Wheel Beast €9.50

Roast of the day, onion & sage stuffing, with salted butter
in a soft Blaa roll (Contains 1-Wheat/Oats/Barley,7)

Ballycotton Smoked Salmon €12.00

With crispy capers, cream cheese and baby gem lettuce
in a toasted poppy seed bagel
(Contains 1-Wheat/Oats/Barley,7)

Sourdough Old-School Toastie Special €12.95

Midleton sliced cheddar, local baked ham, beef tomato,
red onion, served with salad and fries
(Contains 1-Wheat/Oats/Barley,7,12)

Midleton Pastrami Reuben €8.90

Sourdough bread, house pickles, winter rocket,
herb and chilli oil pesto (Contains 1-Wheat/Oats/Barley,7,12)

Ardsallagh Goat Cheese €9.90

Ciabatta Panini, Homemade onion marmalade,
sundried tomato, fresh basil pesto
(Contains 1-Wheat/Oats/Barley) - vegetarian

DAILY SALAD BOWL SPECIAL

*Choose any 3 salads from our fresh daily selection
served with your choice of protein.*

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts,
6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds,
12-Sulphites, 13-Lupins, 14-Molluscs